

Employee Spotlight: Ron Hernandez Changes Lives as Physical Therapist at Generations Healthcare for 20 Years



Ron Hernandez chose to launch his career in physical therapy after his grandmother fell and broke her heel, sparking his interest in anatomy. Today, Ron is the director of rehab at Friendship Manor, Lakeside Special Care Center, and Bradley Court for Generations Healthcare, where he has worked for the last 20 years.

Ron's motivation to continue working as a physical therapist is to help those in need and to get patients back to doing the things they enjoy. He finds the most satisfying part of his job is helping patients and seeing their health improve.

"When I talk with patients and am able to help them, that's the best part of the job," Ron says.

Ron is proud of the accomplishments he has achieved in his career, including helping patients manage themselves and apply for jobs after leaving Generations. One of the most gratifying experiences of his career came during the

pandemic when he was treating a patient pro bono with his students. The patient was 18 years old and had a head injury that left him wheelchair-bound for over five years. His main goal was to walk at graduation. Ron and his team were able to get the patient walking again, and the patient succeeded in walking across the stage to receive his diploma in June 2022.

Ron has learned to consistently educate himself, as therapy is constantly evolving, and he needs to stay updated with new information. To stay current on the latest research and best practices, Ron researches and attends seminars and continuing education on the subjects he is interested in. He has also expanded his knowledge to include behavioral health, as his work with geriatric and younger populations overlaps with this field. Ron is proud of the fact that he has been involved with behavioral health and has recently discharged patients who are now living in affordable care communities and managing their own lives. One of these patients is currently employed.

In his free time, Ron loves cooking and trying new recipes, especially Asian-fusion dishes. On the weekends, he loves experimenting with cooking as his stress reliever.

One of the best lessons Ron has learned during his career is that giving everyone the benefit of the doubt is essential, even if the case is doubting, and to always put the patient first and listen to them. Ron has seen many cases where patients come to him unable to do anything, and after treatment for a few months, they are seeing massive improvement, with some of them actually able to walk again by the time they're sent home.

Ron says he enjoys working at Generations Healthcare due to the compassion and professionalism of his colleagues. He says the vast majority of people working at Generations Healthcare are incredibly helpful, and he loves working directly with patients.

“Everyone I work with makes sure the patients and residents come first before anything else,” he says.

About Generations Healthcare

Generations Healthcare is a premier provider of healthcare services, with a focus on quality and service that has earned it an excellent reputation throughout California and Nevada. With headquarters in Santa Ana and multiple facilities across these states, Generations Healthcare is dedicated to improving the health and well-being of the communities it serves.

At Generations Healthcare, the team of healthcare professionals is committed to providing personalized care to each patient, ensuring that their unique needs are met with compassion and expertise. Contact us today at 1 (714) 241-5600 to learn more about how we can help you or your loved ones on the path to better health.

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